

Stonehaven Running Club Committee AGM

Tuesday 20th March 2018



Topic	Comment/Details
Present	Committee Members: Chris Cowley (Chair), Kate Robertson (minutes), Gary Gutteridge, Scott Sell, Karen Sell, Nicola Rhind, Elaine Crawford, Ishbel Howorth, PLUS around 30 club members
Apologies	Keith Stewart, Denise Goodlad, Kenny Primrose, Richard Clark, Jo Thom
Welcome	Chris Cowley welcomed everyone to the 2018 SRC AGM.
Chairman's Report	<p>Chris Cowley gave the following report:</p> <ul style="list-style-type: none"> - Introduction: MASSIVE thank you to the coaches who have given approximately 200 sessions each year on a voluntary basis. Also, huge Ceilidh turn out which filled the Town Hall with similar numbers to 2017. For the last few years we have spoken about the Friday runners remaining separate. Whilst there is some cross over between the Friday runners and the rest of the club they still remain largely separate. Historically we have tried to integrate, but we haven't really had much luck. No conscious efforts have been made by the committee to integrate the Friday runners into the wider club throughout the last year. 2016 also saw SRC formally allowing "Juniors" to the club sessions, with permission and a guardian. This has had a relatively small uptake through 2016 and 2017, but has been successful and is something we will be continuing with. Some new members over the last year; we would appreciate any feedback on why you joined, how welcome you've been made to feel and how we can improve the "SRC Experience" for new members - Individual Race Entries: Good to see SRC representing at a huge variety of races. Local, national, international. It's great that our club has runners who compete in all manner of long distance races. It also allows for likeminded runners to meet at SRC sessions and continue friendships and training partnerships outside of club sessions.

Stonehaven Running Club Committee AGM

Tuesday 20th March 2018



- **Club Championships and Improvers Cup:** Some big turn outs at Champs races in 2017, and at the Improvers; I always enjoy the atmosphere at the end of the Improvers, especially if it's a nice warm, still night.
Championship winners were Jason Kelly and Rebecca Bryce! Some strong performances from both of them, racking up 84 points each to win the Championship.
Janie Weir was our best improver. She ran the Improvers Cup four times and improved each time, taking 03:48 off her initial time. HUGE!
Improvers Route for 2018 will be on the same route and on Thursdays.
- **Relays:** Continue to be a big focus. Continuing to have three club funded relays each year. We aim to have three races that offer something different, e.g. road, trail, hill/fell, longer distance, shorter distance etc.
In 2017 the club had four 6-person teams in the Devil's Burden relay (and again in 2018), three teams of 6 in the Scottish Long Coastal Relays in Fife (with the Top Dogs winning and breaking the course record!) and the Railway Relay (with the Top Cats and Alley Cats taking first and second places, and the Top Dogs also taking first place).
Have had a few issues with late drop outs which is a shame, but often understandable, and we have always managed to replace (or double up runners).
The club will continue to foot the bill for three relay races a year. This year, as mentioned, we have already had the Devil's Burden Relay; the other two races are still TBC, but if you have any suggestions, do let me know! Ideally fairly local (no more than a few hours drive), and relatively inexpensive.
I also have plans to organise an SRC only relay event in Fetteresso Forest in summer... the race will be run over the marathon route, but split into three legs. Teams will all be handicapped based on peoples' approximate 10km times, so teams should all finish at around the same times. Does this sound like a good idea?
- **Club races:** Half marathon was another great success with 300 finishers, thanks to the half marathon committee and all of the other volunteers who helped out.

Stonehaven Running Club Committee AGM

Tuesday 20th March 2018



	<p>Christmas fun run - another successful event, with 88 finishers running along the sea front. Thanks to Ishbel for stepping in late in the day and pulling off a really successful event! And thanks to Denise who has run the event in the previous years and helped hand everything over to Ishbel.</p> <p>Inaugural Houff of Ury Hill Race at the Stonehaven Highland Games! The event received loads of positive feedback from the runners and the Games committee. Thanks to Neil Easton for doing the bulk of the legwork here. The Highland Games committee made it fairly straight forward, by leaving Neil to his own devices and not having either organisation get in the way of the other.</p> <p>After the successful trial event of the Fetteresso Forest Marathon in 2017, we held the inaugural "official" race last month. This was a great success, and I would like to personally thank all of the volunteers who helped out on and around the day. Despite not really aiming to make money, we turned a net profit of around 460 pounds, which is great for a race that cost a tenner. We also raised around 250 pounds for the Archie Foundation through runners' donations when entering. We also have the go ahead from the forest to go again next year, so this will continue.</p> <p>Other races? If anybody has any ideas for races and is keen to organise them under the SRC name, let us know (Cosmics have around 10, Deeside have 9).</p> <ul style="list-style-type: none"> - Away weekend: No away weekend in 2017 and so far no plans for one in 2018, anyone keen to organise one, let me know! - Navigation workshop: We have spoken many times in the past about running an SRC Navigation workshop in the Spring with the aim of getting people more comfortable using a map and compass when out and about. Is this something that many people would be interested in going along to give themselves more confidence using these?
<p>Club Kit</p>	<ul style="list-style-type: none"> - The club has remaining stock of: <ul style="list-style-type: none"> - 14 x buffs, - 9 x event clips - 12 x new Ronhill vests (sublimated print) - mens x 4 (2 x S and 2 x M) and womens x 8 (1 x 8, 5 x 12 and 2 x 14)

Stonehaven Running Club Committee AGM

Tuesday 20th March 2018



	<ul style="list-style-type: none"> - 10 x long-sleeved fastrax hi-vis tops - mens x 3 (1 each of S, L, XL) and womens x 7 (3 x S and 4 x M) - 3 x short-sleeved black fastrax tshirts - mens x 1 (S) and womens x 2 (1 x L and 1 x XL) - 2 x womens fastrax black vests (size 38) - plus some old Ronhill kit (2 mens S vest, 1 ladies L vest and 2 ladies XL tshirts). - The club intends to do a Spring sale of the Ronhill vests at £10 and buffs at £7.50. - The club will look into donating old fastrax kit. - The club will look into a commemorative garment for October 2018, perhaps a Ronhill thicker top.
Treasurer's Report	<ul style="list-style-type: none"> - Gary circulated a breakdown of all the treasurers' figures for the year. - The club finances are in a healthy position and we are generally taking in more money than spending. The biggest initial outlay is club kit and the ceilidh has made a good profit this year. - This year the committee decided to spend some of the surplus by subsidising club kit and paying for team entries to various relays.
Membership Report	<ul style="list-style-type: none"> - There are currently 143 members. - Membership will again run from the start of April 2018 to the end of March 2019, unless joined since January. - Membership fees will remain at £16 with an early bird offer of £15 throughout April. Membership will be available through Entry Central. The committee will discuss making the membership card optional.
Coaches Update	<ul style="list-style-type: none"> - On behalf of all club members and committee, Scott thanked the volunteer coaches for their hard work. - Ally Steel and Steve Terwey have done coaching courses with Jog Scotland and in Coaching Running Fitness respectively. More coaches are being encouraged to go on courses. - All coaches attended a drills session for and these have been introduced to sessions. Iain Steel to set a date for members to do a similar drills session.

Stonehaven Running Club Committee AGM

Tuesday 20th March 2018



	<ul style="list-style-type: none">- Monday night trail runs – looking for more runners!
Election of Office Bearers	<ul style="list-style-type: none">- Denise Goodlad is stepping down from the committee. The 2018/2019 committee will be:<ul style="list-style-type: none">o Chairman – Chris Cowleyo Treasurer – Gary Gutteridgeo Secretary – Kate Robertsono Membership – Vikki and Iain Shanks (non-attendance at meetings)o Coaches Rep – Scott Sello Club Kit – Ali Robertson (non-attendance at meetings)o Social – Jo Thomo Ordinary Members – Karen Sell, Elaine Crawford, Ishbel Howorth and Nicola Rhind
AOB	<ul style="list-style-type: none">- Chris thanked the committee for their commitment and hard work in 2017 and welcomed any ideas or suggestions for initiatives from all members.